

Do you have experience of taking Sodium Valproate?

Healthcare Improvement Scotland would like to speak to people about their experience of **taking the medication Valproate**.

Medication that contains Valproate could include Belvo, Convulex, Depakote, Dyzantil, Epilim, Epilim Chrono or Chronosphere, Episenta, Epival, and Syonell.

We are looking to speak with people who are:

Currently taking Valproate or have stopped taking Valproate since August 2023

and

- women and men who are able to become pregnant, or get someone pregnant, if they are not on contraception
- are aged between 12 - 55 years old

We also would like to speak to carers of people with the above characteristics

This work will inform NHS Boards' plans for the safe use of Valproate. This will ensure person-centred, safe, and effective implementation of new measures.

If you would like to find out more or would like to take part, please email us at his.engagementevidence@nhs.scot

Discussions will take place between November 2024 and June 2025

You can find information about Healthcare Improvement Scotland [here](#)