

Fairer health for Fife

Fife's health inequalities strategy 2015 - 2020



Health inequalities:-

- are the unjust differences in health experienced by different groups of people
- the result of fundamental unequal distribution of income, resources and power
- created by inequalities in life circumstances - poverty, unemployment, educational opportunities, poor living and working conditions

BUT – there are things we can do to reduce the impact of inequalities on health & wellbeing

Health inequalities in Fife –some facts

Overall we are living, longer healthier lives - but in the most disadvantaged areas of Fife

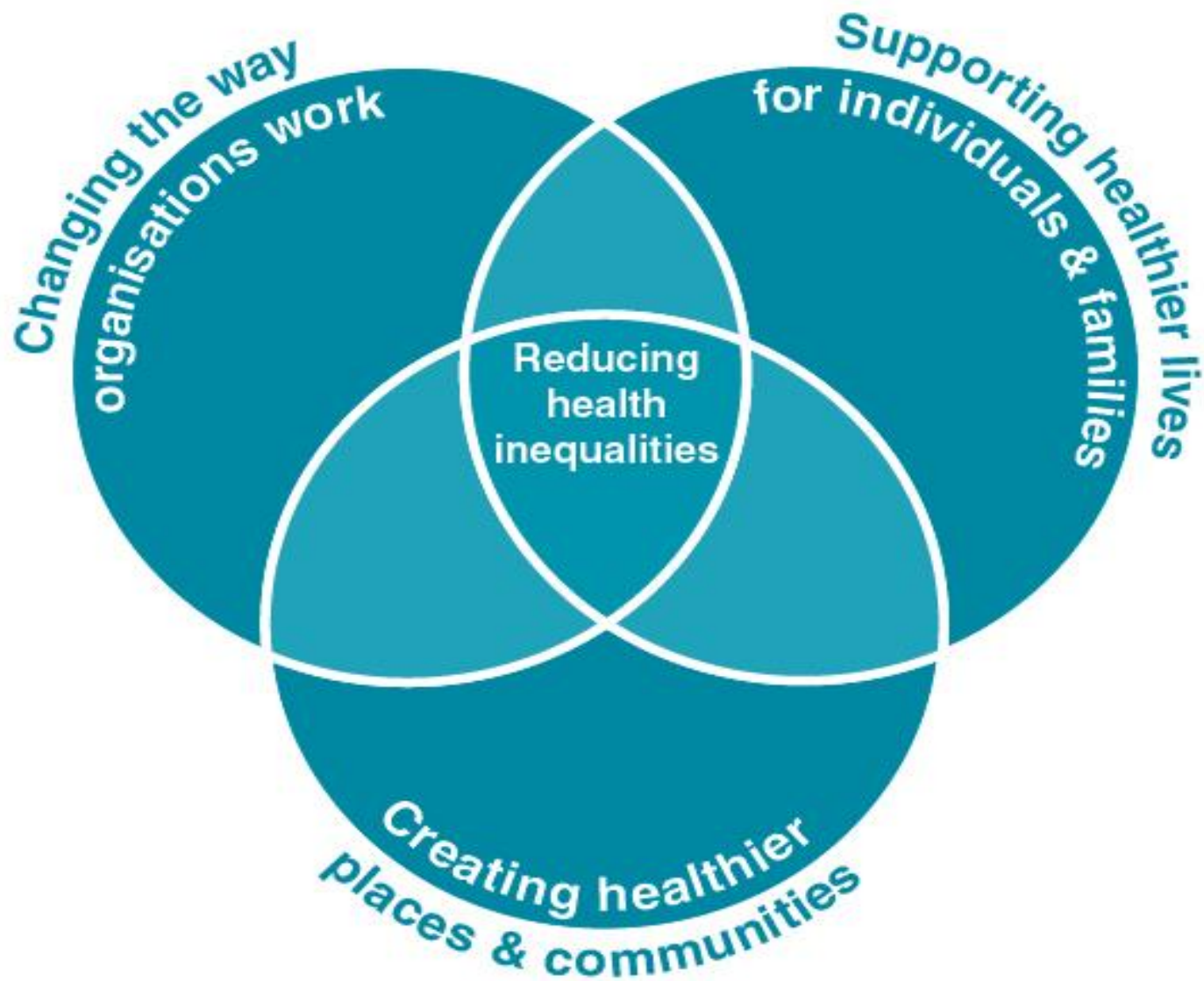
- deaths amongst 15-44 year olds are 4 times higher
- older people are more likely to have emergency admissions to hospital
- hospitals admissions due to alcohol are 6 times higher
- life expectancy is less for both men (8 years) and women (7 years)
- accident admissions to hospital for <16s is almost twice the rate

than in the least deprived areas of Fife

Fairer Health for Fife – a 5 year strategy for reducing inequalities in health and wellbeing

Aims to :-

- increase understanding around health inequalities
- support ways of working most likely to reduce health inequalities
- encourage a focus on 6 health and wellbeing outcomes



6 outcomes

PEOPLE

PLACE

SERVICES

- 1. vulnerable families**
- 2. increasing skills and strengths**
- 3. older people and community life**
- 4. social networks and community activity**
- 5. safe, accessible outdoor and community spaces**
- 6. services and support –new ways of working**

Fairer Health for Fife retains a focus on the social and economic determinants of health

Provides evidence based actions around what works linked to:-

- early years and education
- income, employment and skills
- housing and support
- place and strengthening communities

Identifies key groups at most risk of poor health

What can Fife Health Wellbeing Alliance offer?

- **increase understanding around health inequalities**
 - *training; workshops; providing health statistics and information about health inequalities in useful formats*
- **support ways of working most likely to reduce health inequalities** - *promoting evidence based actions and use of health inequalities checklist; health inequalities partner programme*
- **encourage a focus on 6 health and wellbeing outcomes**
 - *short term outcomes & indicators into organisation plans; support to develop outcomes and training in evaluation*

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Could you:-

- link your work to one or more of the 6 outcomes?
- identify related activity and target groups?
- check you are working across the 3 themes?
- identify indicators to measure change, collect information and report on progress?